



Abbey Schools – Evidence of Impact of PE and Sports
Premium 2022-23

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • Achieved the School Games Gold Award for 2018/19 following an independent validation call from The Sport Industry Research Centre at Sheffield Hallam University. School games validation mark comments July 2019: <i>“It was clear from the validation call that <u>the</u> school and staff members are passionate about physical activity and keeping their students physically active. The school go above and beyond to make sport a priority and a positive impact in their students' lives. The school should be proud of this application and the evidence collated as part of the process.</i> • Achieved the School Games Gold Award for 2019/20, in 2010/21 for our participation in the Tees Valley Virtual School Games in 2021/22 and in 2022/23 • Increased participation in inter school competitions • Improved participation in inclusive competitions • Increased competition training and improved performances in town and regional competitions • Y6 sports leaders run morning, break and lunch clubs • Introduction of intra school competitions • Sports Leaders fully involved in after school clubs and running of KS1 clubs • Junior Sports Leaders used to run school sports competitions • Coaches used to support staff CPD – support with planning and lesson delivery • Equipment updated and improved • Increased range of sports available to children • Increase in range and number of sports clubs • EY physical development sessions introduced • Majority of children active for 30 minutes per day • Activity trackers for each class 	<ul style="list-style-type: none"> • To further develop Y6 sports leaders to support to run intra school competitions • Embed PE assessment– to ensure that targeted children can make accelerated progress • Ensure all children are active for 30 minutes each day • Encourage less-active children to become more active • To further develop coaching and support from sports coach • Lunchtime supervisors to receive further training from sports lead to encourage more children to be active during lunchtimes

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:	
	Y6 – 2021-22	Y6- 2022-23
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	64%	72%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	53%	73%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	77%	58%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes	
The percentage of swimmers in Y6 that have met NC standards is still lower than prior to COVID even though catch up interventions have taken place		

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2022/23	Total fund allocated: £37240 Infant School -£17640 Junior School -£19600	Date Updated: June 2023		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.				Percentage of total allocation: 40%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated :	Evidence and impact:	Sustainability and suggested next steps:
All pupils will engage in physical activity on a regular basis (at least 30 minutes of physical activity a day) Sports Activity Tracker	Maintain daily sporting activities which are made available to all children at break times. Use the reporting tool on GetSet4PE website to record and track physical activity. Target least active pupils using the activity tracker- re introduce break time clubs/ after school clubs for the children identified.	£14,932	Moki sports bands were purchased and teachers used them to track steps and create reports for the least active children. Extra activity lessons were set up for the least active children. Reporting each class will allow us to easily see and target certain children and ensure that all children are engaging in physical activity. In 2022/2023 45% of KS2 children attended an extra-curricular club at school. SSOs ran lunchtime activities with the least active children. In 2022/2023 all breakfast and after school sporting clubs ran at full capacity offering a full variation of sports for KS1 and KS2.	Cycle of training Young Leaders Develop whole key stage intra school competitions use activity tracker Increase their skills to engage more children Increase their skills to engage more children Allocate fitness watches to each class and track distance travelled. Run events and track how far a class can run in a week/month/term. Prizes for the winning class/year group.

<p>Parental Feedback</p>	<p>A questionnaire will be sent to parents for feedback on which extracurricular sport clubs they wish to see run at school.</p>		<p>Parents are happy with the amount of ASC run – questionnaire Dec 2022</p>	<p>Use the Strava app to track</p>
<p>School Games Organisers</p>	<p>Support and training to be given to Y6 Sports Leaders so they can help and direct other children in activities during break times and extra-curricular school clubs.</p> <p>Sports Leader and Y6 Sports Leaders to coach children for competitions and festivals during break times.</p>		<p>In 2022/2023 there were 26 Y6 Sports Leaders and their confidence of increased throughout the academic year. They supported groups from Y1 to Y6 at breakfast clubs, ASC and lunchtimes</p> <p>Each day during lunchtime the SSOs organised games for KS1 and KS2.</p> <p>Increased participation and children are better prepared for events.</p>	
<p>Intra-school Competitions</p>	<p>Intra-school competitions to be held at the end of each GetSet4PE unit.</p> <p>KS1 to take part in Darlington’s Multi Skills Festival throughout the academic year and personal challenges set by the Sports Leader.</p> <p>Each year group in KS2 will take part in 2 intra-school competitions/challenges each term.</p>		<p>All KS1 children participated in a games day at Abbey School which involved the children taking part in a variety of challenges.</p> <p>2L took part in Darlington’s Multi Skills Festival ran by Darlington School Sports Partnership</p> <p>All Year 2 classes will be taking part in the Quadkids virtual event in June</p>	

<p>The Daily Mile</p> <p>Swimming lessons Continued weekly swimming lessons in Year 4 Catch up swimming lessons for Y5/6 children</p> <p>Use of sports coaches for specific sports/activities.</p> <p>Playground equipment to create more active break times</p>	<p>KS2 classes will allocate 15 minute slots throughout the week to allow the children to participate in the Daily Mile scheme.</p> <p>In 2022/2023, Year 4/5 children accessed weekly swimming lessons at the Dolphin Centre. In 2023/2024 Year 4 will continue with the weekly sessions and there will be catch up lessons for Y5/6.</p> <p>All children in Y4/5 to be assessed in the summer term. Those children who are non-swimmers and did not pass the swimming assessment will then be targeted with additional weekly lessons.</p> <p>External sports coaches brought in to extend the range of sports on offer.</p>		<p>KS2 have taken part in 18 intra-school competitions with 950 participations in 2022/2023</p> <p>All children will have experience taking part in a range of sport competitions.</p> <p>All children will be participating in high cardiovascular exercise which will improve their health, focus and overall motivation.</p> <p>Staff saw a big improvement in the children fitness from the start of the academic year.</p> <p>Percentages of children who meet the Curriculum requirements for swimming and water safety will improve. More children will be confident Swimmers.</p> <p>School timetables show both number of clubs and the sports covered by external sports coaches.</p>	<p>The continuation of improvement in swimming targets</p> <p>Monitor sports coaches and check that they add value to existing sports provision.</p> <p>Increase amount of equipment and replace old with new.</p>
--	--	--	---	--

	Buy new playground equipment trying to cover a range of interests		<p>All children are active for at least 30mins a day using the equipment provided.</p> <p>More children will be active on the schoolyard. Lunchtime/after and school club offered for children who have been identified as least active.</p> <p>Increased participation at break and lunchtimes -</p>	
Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				15%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and intended impact:	Sustainability and suggested next steps:
All pupils and staff will further develop an awareness of the importance of PE and physical activity.	<p>Increased opportunities for children to participate in a wider range of sports to improve engagement for all children in physical activity.</p> <p>Children feel motivated to improve their skills and progress over time</p> <p>Provide sports that less active children enjoy by offering broader experience of a range of sports and activities offered to all pupils e.g. dodgeball, handball, frisbee golf, bike ability. We will send out a pupil</p>	£5,600	<p>The quality of PE lessons will increase. Through GetSet4PE and coaching. Sports Leaders have seen a massive improvement in staff in the involvement in PE.</p> <p>Staff feel that that the GetSet4PE scheme is easy to use and understand.</p> <p>Children enjoy the PE scheme and like the way that it is linked more to specific sports.</p> <p>The percentage of children overall</p>	<p>Continue to develop GetSet4PE alongside other PE provision focusing on PE assessment</p> <p>Maintain good relationships with local sports clubs</p>

Sports Awards	<p>voice questionnaire to gauge children's opinions on sports they want to be on offer.</p> <p>Termly intra school competitions/class challenges to motivate children organised by Sports Leader and teachers.</p> <p>Certificates and team points as rewards for children involved within sport. School Games Value Certificates handed out in PE Lessons.</p> <p>End of year boy and girl sports star for each year class/year group.</p>	<p>who are participating in sport will increase.</p> <p>Intra school competitions will motivate children and allow more children to take part in competitive sport .</p> <p>KS2 have taken part in 18 intra-school competitions with 950 participations in 2022/2023</p> <p>Children's progress in a range of skills shows improvement over time using a range of personal best challenges.</p> <p>Motivates children to try their best. Sport Star certificates and School Games certificates were handed out in lessons so promote the School Games values and to celebrate the children displaying these attributes.</p>	<p>Have a regular programme of intra school events</p> <p>Y6 school sports organising crew to train next younger leaders to help run future events.</p> <p>Look into class/team trophies for school sports days.</p>
School Sports Organisers	<p>School Sports Organising Crew to be appointed to allow children to take ownership of being role models for others to emphasis the importance/enjoyment of sports.</p> <p>Purchase sports kit for the organisers.</p>	<p>Sports organisers will promote the importance of exercise and provide lots of opportunities/</p> <p>Sports organisers help Sports Leader in after school clubs/break times.</p> <p>When representing the school, the kit will make every organiser feel part of the team.</p> <p>SSOs lead an organised KS1 games day. The SSOs also ran several games break time with whole year groups participating in.</p>	<p>Noticeboards updated regularly to reflect which areas of PE are currently being promoted.</p> <p>Look at Facebook and how parents are engaging with the school.</p>

<p>Increase Sports displays and use of social media</p>	<p>Improved promotion of PE through better noticeboards and communication with parents. More displays around school of children taking part in PE and sport. Abbey School Facebook page regularly updated to show which sporting events have taken place at school.</p>	<p>More display around school visualising the positive impact sport has. Every event in school and out of school was posted on Abbey's Sports Facebook page. Darlington School Sports Partnership was tagged in all posts to promote all the activities we take part in.</p>	<p>Abbey School will continue to meet the School Games mark for gold and then work towards achieving platinum level.</p>
<p>School Games Mark</p>	<p>Ensure the school meets the criteria to achieve the Gold School Games mark.</p>	<p>The School Games Mark criteria's were followed throughout 2022/2023 to ensure that the highest score could be achieved. In 2022/2023 Abbey School achieved the gold mark.</p>	<p></p>
<p>Improve levels of equipment for the teaching of PE</p>	<p>Purchase new equipment to replace old and also purchase new equipment for new sports within school.</p>	<p>Teachers enthusiastic to use new equipment and try out new sports for their lessons. New equipment was purchased throughout the academic year based on what staff felt needed to be replaced or improved. PE Leaders looked over the GetSet4PE scheme and made sure there was efficient equipment for year groups.</p>	<p>Teachers have access to resource and sport they previously have not had.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				15%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and intended impact:	Sustainability and suggested next steps:
<p>All staff teaching PE to increase their confidence and knowledge of PE curriculum and the skill of delivering progressive, differentiated PE lessons.</p> <p>Getset4PE membership – full online access to a nationally recognised scheme.</p>	<p>Teachers to work alongside sports lead and sports coaches so that they feel more confident in teaching PE.</p> <p>Continue employing a Sports Lead TA and staff to be given regular time to work with Sports Lead</p> <p>Sports Leader will work individually with teachers to support specific areas on which they would like to improve in.</p> <p>PE Lead to seek feedback on what CPD teachers want now and in the future.</p> <p>PE lead to observe KS2 staff (June 2023) to monitor delivery of PE across the school.</p> <p>A curriculum map will be developed for each year group. Teachers can access lesson plans for the half termly topics.</p>	<p>£5,600</p>	<p>Increased knowledge and confidence of staff.</p> <p>Teachers will have improved knowledge, which will help them to deliver high quality PE lessons.</p> <p>Sports Leaders have seen a massive improvement in staff in the involvement in PE.</p> <p>Staff have said that they feel more confidence after working with the School Leaders in lessons.</p> <p>There were also positive comments on how things are organised and set up in lessons.</p> <p>Higher quality of PE lessons resulting in improved skill set of children. Release of PE lead for lesson observations.</p> <p>Staff have preferred seeing a curriculum map on the GetSet4PE scheme. Staff have commented on saying that it is clear what they are supposed to teach in PE lessons and what the next step is.</p>	<p>Feedback from teachers to see what has been successful.</p> <p>Lesson plans available for future use.</p> <p>Monitor PE lessons</p> <p>Teachers have access to GetSet4PE resources and training to help deliver high quality PE.</p> <p>Annual membership, feedback from teachers and children.</p>

			<p>GetSet4PE will support the Delivery of personalised/differentiated skills acquisition</p> <p>A more creative and inclusive vision for PE. More children engaged and enjoying PE. Increase in health and wellbeing.</p>	
<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</p>				<p>Percentage of total allocation:</p> <p>15%</p>
<p>School focus with clarity on intended impact on pupils:</p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>
<p>All children to be offered access to a broader range of sports.</p>	<p>Regular breakfast club/ break time/lunchtime/after school clubs offered to children which are based on their interests as well as upcoming competitions.</p> <p>Introduction of NFL Flag In the last half term in 2022/23, Year 4/5 will be taking part in the NFL Flag programme. Taster session will be delivered to all children in curriculum time and following on it will be delivered as after school clubs.</p> <p>Sports leader to deliver Tri Golf lessons to children in breakfast clubs.</p> <p>Girl's football session will be offered all academic year.</p>	<p>£5,600</p>	<p>Increased participation in physical activity throughout school.</p> <p>Children will be exposed to the NFL programme that displays qualities and characteristics of respect, integrity, resilience and responsibility.</p> <p>Children enjoying a more varied range of sports and possibly exit routes from school into outside clubs.</p> <p>Greater attendance of these children who are reluctant with sports.</p>	<p>Audit of popularity of new sports offered.</p> <p>NFL clubs ran all year to various year groups. Friendly games will be arranged with partnering school who are also taking part in the NFL Flag programme.</p> <p>New sports offered year on year.</p> <p>Monitor attendance and see if they change attitude in future years to joining regular clubs.</p>

<p>Taster days for non-traditional sports along with alternative sports festivals</p> <p>Supported PE Lessons</p> <p>Girls Football Association Pledge</p> <p>Specific SEND PE lessons</p>	<p>Children to take part in taster sessions in sports that they may not have experienced before.</p> <p>DanceCity workshops</p> <p>Judo Dan sessions</p> <p>EYFS – Hoopstarz Day</p> <p>Year 1 and 2 – Frisbee day</p> <p>Year 3 and 4 Quidditch day</p> <p>Year 5 – Alex Dewar (Grotwh Mindset)</p> <p>Year 6 – Escape room day</p> <p>Sports Leader to carry out group support sessions and 1-1sessions for any children who find PE and sport difficult or who are potentially worried about this.</p> <p>Every girl in school will have an equal opportunity to participate in football through break time lessons and fixtures.</p> <p>NG1 to take part in weekly PE lessons ran by Sports Leader.</p>		<p>With the football pledge a greater volume of children have taken part in break time football lessons.</p> <p>Upskill and increase participation in girls football.</p> <p>All children in school have had the opportunity to be active and experience physical activity outside of the PE curriculum.</p> <p>26.7% of KS2 SEND children have taken part in an inter-school competition.</p> <p>Children enjoying a more varied range of sports and possibly exit routes from school into outside clubs</p> <p>Specific SEND PE lessons allows the children to take part in lessons that are set for their needs and requirements. In smaller classes,</p>	<p>Links with local girls club developed</p> <p>Ensure the school enters all-inclusive events and girl only events.</p> <p>Target groups of children who don't attend through pupil voice.</p>
--	---	--	--	--

<p>Sensory Programme</p> <p>All events organised for SEND children in the Tees Valley attended</p>	<p>All children who meet the criteria to take part in the SMART programme. SMART lessons to run 3 times a week.</p> <p>Ensure competitive sporting opportunities are offered to all of our children by improving upon:-</p> <ol style="list-style-type: none"> 1. The number of SEND children who participate in sport at a competitive level. 2. Increased participation from girls in sports by offering girls only KS2 afterschool clubs and break time sessions. 		<p>the children feel more relaxed and have much better focus.</p> <p>All SEND children in KS2 have had an opportunity to take part in intra-school competitions and personal challenges.</p> <p>In 2022/23, all KS2 SEND/PP children took part in a Tees Valley inter-school competitions/event.</p>	
--	--	--	--	--

--	--	--	--	--

Key indicator 5: Increased participation in competitive sport	Percentage of total allocation: 15%
--	--

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
--	---------------------	--------------------	----------------------	--

Member of the Sports Partnership. To take part in the vast majority events and festivals in Darlington and school games cluster including any KS1 events which are available.	Lunchtime/after school clubs aimed at preparing children for upcoming competitions. Attend inclusive schools festivals in order to ensure there is increased participation in competitive sport for SEND children.	£5,600	Number of events attended increases therefore the number of children participating increases Abbey School has taken part in 17 inter-school competitions in 2022/23.	Children who have represented the school to be encouraged to join clubs in sports they have participated in. More children want to take part in events.
Inter-school competitions	PE lessons delivered by teachers supported by sports lead across school in line with upcoming competitions. We will take B and C teams where possible. B and C team will be children who have yet taken part in an inter school competition		6 of the inter-school competitions were pathway events in which Abbey School finished in the top 3.	Continue to take B and C teams when possible
Intra-school competitions	A range of different intra school competition will take place every half term throughout the year		Greater number of children participating and representing the school KS2 have taken part in 18	Continue to build a culture within school, that it is great to

<p>Personal challenges</p>	<p>groups.</p> <p>A range of different challenges set to the ability of the year groups will take place each term.</p> <p>Ensure there is a system in place which is regularly updated to show all children's participation in extra curricular activities.</p>		<p>intra-school competitions with 950 participations in 2022/23.</p> <p>Personal challenges were carried out in PE lesson by the sports leader. Lessons were adapted to ensure that all children achieved their person best.</p>	<p>take part.</p>
<p>Links with community</p>	<p>Develop active links with local sports providers to increase engagement in sport outside of school.</p>		<p>School noticeboard signposts posters of local sporting opportunities in the community.</p> <p>Every child will participate in a range of sport playing for their school team. This will give all children the opportunity to experience the competitive and team building nature of sport.</p>	<p>Maintain links and develop new ones</p> <p>Look for pathways for clubs so children can excel further.</p>
<p>Gifted and talented register</p>	<p>Identify who is gifted and talented in sport for each year group. Have training lessons for the selected children.</p>		<p>Gifted and talented registers were created and extra PE lessons with challenging PE objectives were carried out by the sports leader.</p> <p>Children enjoyed the extra PE lessons and felt that the pace and the intensity of the lesson was hard but very rewarding.</p> <p>Increased high skill level of</p>	

			physical activity. Provides greater depth lessons for the children.	
--	--	--	---	--