

# Abbey

## Autumn/Winter Menu 31 October 2022 - 31 March 2023

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Pizza	Turkey Casserole	Smart Pasta (Cheesy Beans)	Pork Sausage Yorkshire Pudding Gravy	Fish Fingers
Choice 2	Vegetable Fingers	Quorn Casserole	Vegetable Masala Rice	Quorn Sausage Yorkshire Pudding Gravy	Jacket Potato Cheese/Beans
Accompaniments	Jacket Wedge Baked Beans	Roast Potatoes Carrots	Sweetcorn	Creamed Potatoes Peas	Oven Chips Baked Beans
Dessert	Flapjack Custard	Crunchie Biscuit	Cornflake Tart Custard	Carrot Cake	Chocolate Sprinkle Cake
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Roast Chicken Fillet Gravy	Smart Pasta (Margarita)	Pork Sausage Roll	Beef Chilli Rice	Oven Baked Fish
Choice 2	Cheesy Pasta	Jacket Potato Cheese/Tuna Mayo	Vegan Sausage Roll	Quorn Shepherds Pie	Cheese, Broccoli and Lentil Flan
Accompaniments	Roast Potatoes Peas	Garlic Bread Sweetcorn	Jacket Wedge Spaghetti Hoops	Broccoli	Oven Chips Baked Beans
Dessert	Ginger Cookie	Jam Roly Poly Custard	Chocolate Brownie	Iced Sponge Custard	Chocolate Krispie Cake
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Smart Pasta (Veggie Bolognese)	Pork Sausage Hot Dog	Smart Pasta (Basilica)	Beef Mince Dumplings	Salmon Fish Cake
Choice 2	Jacket Potato Cheese/Tuna Mayo	Quorn Sausage Hot Dog	Jacket Potato Cheese/Tuna	Quorn Mince Dumplings	Cheesy Whirl
Accompaniments	Sweetcorn	Potato Wedges Mixed Salad	Sweetcorn	Creamed Potatoes Baton Carrots	Oven Chips Baked Beans
Dessert	Blueberry Muffin	Chocolate Fudge Cake Custard	Melting Moment Biscuit	Rice Pudding	Dorset Apple Cake

Available daily: Bread, Fresh Fruit and Yoghurt