

**There are many forms of abuse.
It is never okay.**

It is very possible that someone you know is experiencing abuse. It could be anyone - your friend, brother, daughter or colleague. It could be you.



There is support available for everyone.

Harbour Domestic Abuse Support Service
03000 202525 • info@myharbour.org.uk

Darlington Women's Refuge
01325 364486 • www.familyhelp.org.uk

Details of local and national support services
www.darlington.gov.uk/support

We want to make sure that services in Darlington are always improving.

We want to hear from you about your experience of domestic abuse services in Darlington.

Please contact us via email at: domestic.abuse@darlington.gov.uk

Your voice is so important in making sure the right services are in place.

Domestic abuse needs to be brought out from behind closed doors. We cannot afford to shield abuse with our silence.



DARLINGTON
Borough Council